Forbes Children's Centre for Early Childhood Development and Parenting

Government of South Australia

Welcome

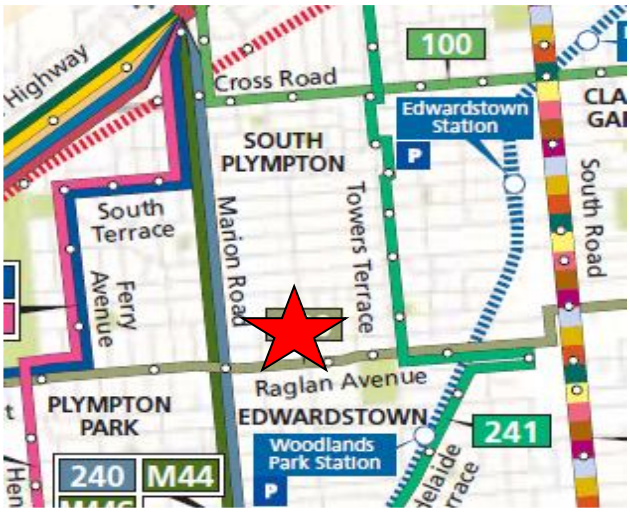
Forbes Children's Centre for Early Childhood Development and Parenting is an integrated early years service in which early childhood professionals, other professionals, families and the local community work together to meet the needs of children and families.

Children's Centres support children's development, health, learning and wellbeing. Forbes Children's Centre offers programs and services for families in partnership with a number of organisations and agencies identified through discussions with the community and families.

Forbes Children's Centre provides a caring, inclusive and welcoming environment where children can engage in their learning and families can access a range of services to meet their needs or participate in a variety of programs.

Forbes Children's Centre is Breastfeeding Friendly and is situated on the site of Forbes Primary School.

Forbes Primary School and Children's Centre is diverse, drawing from a range of families who come from linguistic, socio-economic and cultural backgrounds. The community is justly proud of its diversity, it's commitment to meeting the current and future needs of students and to participatory decision-making where staff, students & parents work together to meet goals.



Forbes Children's Centre and Primary School at 80 Thomas Street, South Plympton, SA. 5038 (*Just off Marion Road. Turn at the lights nearest the Forbes Shopping Centre)*

Services and Partners:

SA Government Preschool for children, up to 15 hours per week, in the year prior to starting school. Sessions are Monday & Tuesday, or Thursday & Friday 8am – 4pm where vacancies permit

Long Day Care Child Care from birth to school age incorporating 3-year-old pre-school. Please contact the Centre for further information about age group vacancies

SA Health Services CaFHS Clinic, Health and Wellbeing programs for dads, mums and carers of children

Learning Together Communities supporting children's development through play

Inklings A program to support babies showing early social and communication differences

Governing Council Get involved in the decision making processes of the centre. Ask us how!

Volunteers welcome

Tours: Centre tours are conducted regularly; please see our Tour Schedule for date and time details

Public transport to Forbes Children's Centre and Primary School:

Marion Road: *(from City or Marion Shopping Centre) Take Bus number* ***M44*** *and get off at* ***Stop 15 Marion Rd****. Walk to 80 Thomas Street*

Glenelg or Unley: *Bus number* ***190*** *get off at* ***Stop 15C Raglan Avenue****. Then walk for about 5 minutes to 80 Thomas Street*

Current services and program timetable:
Please see inside and timetable on back page or visit: www.forbescc.sa.edu.au/ or www.forbes.sa.edu.au

Forbes Children's Centre for Early Childhood Development and Parenting
Phone: **8293 9000**
Email:
info.forbeschildrenscentre854@schools.sa.edu.au

ALL Ages Playgroup

AT Glandore Community Centre

Playgroup is a great way for children Aged 0-5 years to learn about the world, make new friends & develop social skills.

Join this inclusive group that allows your child the opportunity to meet other children & adults & opportunities to connect with others. Includes indoor/ outdoor play, craft, stories &toys, fenced & shaded outside area with sandpit, play equipment & more.

When: Friday Mornings
Time: 9.30-11am during the school term
Where: Glandore Community Centre, 25 Naldera St, Glandore ph 7420 6400
No need to book - just come along!
Cost: $4 per family
ALL WELCOME

Inklings

Inklings is a program to support babies 6-18 mths showing differences in their interactions & communication. These differences may be in areas such as response to their name or instruction, communication with sounds or gestures, motivation towards shared interaction, play & eye gaze. The Inklings program can help families & carers feel more confident in understanding & responding to their baby.

Inklings offers 6 to 10 sessions with a supportive, trained practitioner.
Appointments/Sessions: Tuesdays, Thursdays & Fridays
What will it cost me? Nothing -it's free!
For further information and eligibility call:
1300 030 655
Inklings Program | The Kids Research Institute Australia

Watch for fliers in the centre for our End of Year get together!

Learning Together Baby Playgroup

At Baby Playgroup we will provide a safe environment with open ended activities that support learning through play. This is an opportunity for babies to learn early socialisation, develop motor skills & start to become familiar with routines

We have a focus on developing dispositions for learning such as confidence, curiosity, and communication through exploratory play, reading together and singing together.

When: Thursday Afternoons 1- 2.30pm during school term
Cost: Free
Enquiries: 8293 9000
ALL WELCOME

Learning Together All Ages Playgroup

Come and join us for playgroup! Your child will learn through play (and have lots of fun of course!)

Playgroup will give your child the opportunity to develop the following skills– literacy, numeracy, social/ emotional, fine & gross motor. It will also help them become familiar with routines & develop dispositions for learning like curiosity, resourcefulness, and confidence.

When: Thursdays 9.30-11am (during the school term) **Cost:** Free

Currently full – Please call 0403 580 399 to put your name on the waiting list
ALL WELCOME

Are you looking for information about Preschool (kindy), Childcare and Parenting?

Do you know what 3 yr old "Flying Start" preschool in childcare is?; When your child is eligible for SA Govt Preschool; or where to find parenting courses, groups & workshops; or activities for you & your child to enjoy together?

We can show you what your options are, what quality childcare looks like, check when your child is eligible for SA Govt Preschool/kindy and school, tour through our ACECQA rated "Exceeding" centre and help you find the right service, group, activity or support for you or your child!

We offer regular comprehensive walk around tours explaining our Community Based Not-For-Profit Long Day Care Childcare service, Government Preschool (also known as kindergarten or 'Kindy') as well as local and centre-based child/parent activities and parenting support programs and services!

Come along to an information-based tour with Merridee, our Community Development Coordinator

Please note - tours are 45+ mins long . Tours through children's learning and sleep areas is restricted to respect children's wellbeing and can only be viewed through glass internal walls - unless all children in the room have left for the day (usually after 5.45pm – right at the end of our 5pm tours)

Join us on one of these dates:
Week 2 = Fri 23 Oct 2pm
Week 4 = Thurs 5 Nov 5pm
Week 6 = Mon 16 Nov 11am
Week 8 = Wed 2 Dec 5pm
School Holidays:
Tuesday 15 Dec 10am
Wednesday 13 Jan 2027 11am
Friday 22 Jan 2027 3pm

Please meet promptly at the centre at the time stated
Bookings Essential: 8293 9000

MyTime

South Plympton Peer Support Group

For Mums, Dads and Carers of children (up to16yrs) with a chronic illness, disability or developmental delay.

Tuesdays during the term 9.30 – 11.30am
Morning tea provided
Cost – Free. Please call for start date
Bookings Essential
Contact: Silvana on 0488 151 789 for more information
Free crèche available for children 0-5yrs

MyTime PROVIDER supporting parents of children with disabilities

Free CaFHS Clinic

is held at Forbes Children's Centre every Wednesday offering: feeding, settling & child development support, parenting support and information to parents and carers and up-to-date health information for parents & their children aged 0-5 years.

You are welcome to contact CaFHS if you need help or advice regarding your baby or child's health, development or wellbeing.

Parent Helpline: 1300 364 100
Please contact CaFHS for more information
Appointments 1300 733 606

CREATE together

Government of South Australia | Health Women's and Children's Health Network

FIRST AID

FOR MUMS, DADS, GRANDPARENTS AND CARERS

3 Hours of practical "what do I do when !This! happens"

Would you know what to do if your child needed CPR? or if your child was choking; had a head injury; was bleeding; burnt themselves; had a convulsion; came into contact with, or swallowed poison; or fractured a bone? If you answered "No" to any of these then this workshop is for you!!

Saturday 31st October 10am – 1pm
Cost: $30 per person
(sorry, no refunds for non-attendance)
Bookings Essential: 8293 9000
Presented by a qualified First Aid Trainer
Participants can receive a Certificate of Attendance - please check with your employer if this meets your workplace competency requirements
Book in NOW!! All Welcome

LGBTQIA+

Rainbow Connection Playgroup

Do you identify with, or want to connect with, the LGBTQIA+ Community? Then come to our Playgroup with your children to meet other parents you identify with!

Cost: Free
When: Every Monday during school Terms
Time:10.30am – 12.30pm

Contact Katherine through "Pink Parents" on 0438 536 346 or via Facebook Messenger to book into this Dynamic, Fun, Welcoming Playgroup, or for more information.

Cooking with kids

Come and join Maria, our Speech Pathologist, for an easy, fun cooking session with your child aged 2-4yrs.

Strictly 1 child per parent/carer

Saturday 31st Oct 11am – 12.30pm
Cost: Free
Bookings Essential
Call 8293 9000

All Welcome

Fresh fruit, vegetables and bread is delivered each Wednesday for families in our community.

"Customer pays"
Foodbank vouchers are also available – Please ask our friendly Admin staff, or for more details

CREATE together

Government of South Australia | Health Women's and Children's Health Network

Early Parenting Group

CaFHS (Child and Family Health Service)

Supporting parents and maternal health and wellbeing

Free 4 week Early Parenting Group for parents/carers of babies from four weeks to four months of age. It's a great way to meet other families, share ideas & find out about other support available. **Topics include: Feeding your baby; Development, play & safety – getting to know your baby; Sleep & settling; Supporting your baby's health; introducing solids and more! When: Wednesday afternoons**
Please call 1300 733 606 to book into your nearest group

Forbes Children's Centre Term 4 (September to December) 2026 Program

Forbes Children's Centre for Early Childhood Development and Parenting. 80 Thomas Street, South Plympton. SA 5038 Ph 8293 9000

MONDAYS

Long Day Care & Preschool

LGBTQIA+ RAINBOW CONNECTION PLAYGROUP 10.30am - 12.30pm

Do you identify with, or want to connect with the LGBTQIA+ community through playgroup?
Contact Katherine through "Pink Parents" on Facebook Messenger or on 0438 536 346 to book into this great playgroup or for more information.
Cost – Free

FREE CENTRE & CHILDCARE/PRESCHOOL INFORMATION TOURS

Information tours are offered to all parents and carers to learn about quality childcare, 3-year-old "Flying Start" preschool offered in childcare, eligibility for SA Dept for Education Preschool & tour through our "Exceeding" NQS rated centre.

Tours are offered on the following dates/times:
Week 2 = Fri 23 Oct 2pm
Week 4 = Thurs 5 Nov 5pm
Week 6 = Mon 16 Nov 11am
Week 8 = Wed 2 Dec 5pm
School Holidays:
Tuesday 15 Dec 10am
Wednesday 13 Jan 2027 11am
Friday 22 Jan 2027 3pm

Please arrive promptly
Tours are 45+ mins long please consider this when booking
Please note tours through children's learning & sleep areas is restricted to respect children's wellbeing. These rooms can be viewed through glass internal walls unless all children in the room have left for the day (approx. 5.45pm)
Bookings Essential
Call 8293 9000
ALL WELCOME

TUESDAYS

Long Day Care & Preschool

MY TIME 9.30am-11.30am

Group for Mums, Dads & Carers of children up to 16yrs with a chronic illness, disability or developmental delay. Morning tea provided.
Cost: Free + Free crèche.
Contact Silvana for start date on 0488 151 789
Bookings Essential

INKLINGS - FREE 10 WEEK PROGRAM By Appointment at Forbes Tues, Thurs & Fridays

For babies **6-18mths** who are showing early differences in their social interaction & communication development. Differences may be in areas such as response to their name or instruction, communication with sounds/gestures, motivation for shared interaction, play & eye gaze.
This program builds confidence in understanding & responding to your baby through up to 10 sessions with a supportive, trained practitioner.
Cost: Free
For further information and eligibility call: 1300 030 655

FREE CHILD DEVELOPMENT CHECKS By Appointment

Free child development checks are available at for children aged 12mths to 5 years. The checks look at how your child is progressing in important areas such as communication, physical ability, social skills & problem-solving skills. They help you understand your child's development progress, what to look for next & get the right support if needed.

Book via QR code or:

https://forms.office.com/Pages/ResponsePage.aspx?id=6fS7c4gGRkmuqb0LtA7PB3NnEdT-bGxNnxVIqxIFM3NUMDBVSTRGS0g3TTJaNUE4VDM3MzNFWERZMiQlQCN0PWcu&origin=QRCode

WEDNESDAYS

Long Day Care

FREE CaFHS CLINIC For child development & health checks

The first five years influence your child's lifetime development. The brain & body grows rapidly & regular health & development checks are recommended for all babies & young children.
CaFHS also offers FREE Key Health & Development Checks for children at: 1-4 weeks; 8wks; 6-9 months; 12mths; 18-24mths; 3yrs & 4-5yrs
Call 1300 733 606 for an appointment

EARLY PARENTING GROUP For new dads and mums

Free 4-week Child and Family Health Service (CaFHS) group for new dads, mums & their baby! **Cost: Free**
Bookings Essential: 1300 733 606

SLEEP & SETTLING SESSIONS for babies aged birth to 5mths

Free 90-minute face to face sleep & settling session incl tips & advice on how to settle your baby for naps & a good night's sleep led by an experienced Child Health Nurse
Cost: Free. Bookings Essential: CaFHS 1300 733 606

FORBES GOVERNING COUNCIL Wednesdays twice per term 6.30pm – 7.30pm(ish)

Join our Governing Council to help set & monitor the strategic direction of our centre.
Our meetings are approx. every 6wks to provide advice to the Director, discuss & approve relevant policies and more!
For more info, mtg dates and how to join Please call the centre on 8293 9000

THURSDAYS

Long Day Care & Preschool

LEARNING TOGETHER ALL AGES PLAYGROUP Weekly9.30 – 11am

All ages playgroup where your child will learn through play (and have lots of fun of course!)
Currently full – For waiting list length & enquiries call Kelly on 0403 580 399
Cost: Free

LEARNING TOGETHER BABY PLAYGROUP Weekly 1pm – 2.30pm

BABY playgroup provides opportunity to learn early socialisation, motor development & open-ended sensory activities for learning through play.
For more info call 8293 9000
Cost: Free

Please see the inside of this flier for more information about groups

Please call Merridee on 8293 9000 or 0400 263 567 to find out more, or for a confidential chat on support available to you in your important role as a parent.

WE'RE ON FACEBOOK AND ONLINE

Have you checked out our website or Facebook page yet? Find this program, last-minute program changes, updates, other community parenting courses, support & info, helpful parenting hints, tips & links to parenting resources.
www.facebook.com/ForbesChildrensCentre
or www.forbescc.sa.edu.au

FRIDAYS

Long Day Care & Preschool

ALL AGES PLAYGROUP @ GLANDORE COMMUNITY CENTRE 25 Naldera St, Glandore 9.30 – 11am

Come and join us for this Marion Council partnership playgroup! Sessions include indoor/ outdoor play, craft, story time, songs with a fenced & shaded outside area, large sandpit, play equipment & more.
Every Friday during the School Term
For more Info: 7420 6400
Cost: $4 per family
All Welcome

OCCUPATIONAL THERAPIST & SPEECH PATHOLOGIST AT FORBES

Groups and 1:1 appointments for screenings are offered for no cost by our speechie and OT. Call for a chat about any queries or concerns you have about your child's development. No cost Professional referrals are offered where needed.

Please call the centre on 8293 9000 for a confidential chat with Maria (Speech Pathologist).
Our new OT will be starting in January!
Please call the centre for more information.

SATURDAYS

FIRST AID WORKSHOP FOR PARENTS, GRANDPARENTS and CARERS 31st October 10am – 1pm

3 Hours of practical "What do I do when !This! Happens…"

Cost: $30 per person
Sorry no creche (pre-mobile and non-walking babies are welcome to attend with you)
For attendance certificate info please call the centre.

Bookings Essential: 8293 9000
Please note: payment will secure your booking

ALL WELCOME

COOKING WITH KIDS Saturday 31st October 11am-12.30pm

Come and join Maria, our Speech Pathologist, for an easy and fun session to cook up something nutritious with your child aged 2-4yrs.

Strictly 1 child per parent/carer

Cost: Free
Bookings Essential
Call 8293 9000

For more information about any program or event listed, or for copies of more detailed individual fliers please see the inside of this program or contact: Merridee Dangerfield, Community Development Coordinator. Phone: 8293 9000 or Mobile: 0400 263 567 Email: merridee.dangerfield@sa.gov.au