

Forbes Children's Centre Newsletter

Term 4 2018

Preschool Photos: Tuesday 6th and Thursday 8th November

4 Year Old Health Checks: Tuesday 20th November

Governing Council: Wednesday 28th November, 6:30pm

Preschool Closure: Friday 30th November

Preschool Graduation: Tuesday 11th and Thursday 13th December, 3:30-4:30pm

End of Year Celebration: Wednesday 12th December, 5:00pm

End of Term: Friday 14th December

Last Day of Care: Thursday 20th December

Centre Re-opens: Monday 7th January 2019

Reminders

The weather has started heating up as summer approaches. As part of our Skin Protection policy sunscreen is provided at the Centre as are hats. Please help your child apply sunscreen when they arrive in the morning so they can go outside as soon as possible. We also ask you ensure your children wear t-shirts and clothing that covers their shoulders.

We will begin offering water play during summer and ask you pack a spare set of clothes for your child. This allows them to engage in water play and other messy play and stay dry.

Sessions and staffing for next year are currently being finalised. If you would like to pick up or drop bookings for 2019, please complete a change of booking form (found in the Parent Hub) ASAP. Please note we may not be able to accommodate extra sessions until later in 2019.

The Centre will be closed for two weeks over the Christmas/New Year period. The last day of care will be Thursday 20th December, with the Centre closed on Friday 21st December. The Centre will re-open 7:00am on Monday 7th January 2019.

Starting School/ Preschool

If your child is eligible for Preschool or transitioning to a new room, you should have received a note either in your email or your parent pocket. If your child is due to move up and you haven't received a note, please touch base with Nat as soon as possible.

For children starting school, you should finalise their enrolment as soon as possible. Once you know which school your child will attend, please inform Preschool staff to help us with information sharing and organising transition visits.

Governing Council

We would like to welcome our new members to the Governing Council! We now have seven wonderful parents on the Council and can't wait to have them contribute their voices during 2018/2019.

Feedback Survey

Thank-you to everyone who completed a copy of the parent feedback survey. This helps inform our planning for next year and also helps us see where we can improve as a site.

We received positive feedback regarding how our educators support children and their learning and the quality of resources offered. Responses also indicated families felt comfortable approaching both educators and administrative staff with questions.

Areas highlighted for further focus included; communicating curriculum better with families, seeking more feedback from families about the curriculum and better advertising take home resources and community programs/services. Further details will be in our annual report, published on our website early next year.

Facebook

Find us on Facebook! We often post flyers for community groups, site updates and other information. We can be found at facebook.com/ForbesChildrensCentre

Here are some fun things to do in Term 4:

Baby Bounce, Free, 9:30 – 10:00am, Thursdays during the school term, Park Holme Library, Phone 8375 6745

Credit Union Christmas Pageant, Free, 9:30am Saturday 10th November, **King William Street CBD**, www.cupageant.com.au/

START at the Gallery, Free, 11:00am – 3:00pm, First Sunday of every month, **Art Gallery of South Australia**, www.artgallery.sa.gov.au/agsa/home

We wish you all the best during the term!

Kind regards


Ros, Kim and Nat





Forbes Children's Centre Term 4 (October to December) 2018 Program at a glance

Forbes Children's Centre for Early Childhood Development and Parenting, 80 Thomas Street, South Plympton, SA 5038 Ph 8293 9000

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
<p>Long Day Care & Preschool</p> <p>"THE GARDEN" PARENTING PROGRAM Starts 22ND October 1.30 – 3pm</p> <p>A group for parents/carers and their children 0 to 4yrs. This group provides a wonderful opportunity for shared positive experiences and sensory exploration activities through play, music and movement to support the relationship between you and your child. Please call Helen or Maria at the centre on 8293 9000 for more information Cost: Free - Bookings Essential</p> <p>PARENT LED PLAY AND CHAT SESSIONS IN OUR PARENT CAFE Mondays and Fridays 9.30am – 11.30am Come and join this group of parents and their young children for a casual get together, play and chat. Please check with the centre for other times and days the parent café is available for you to just pop in with your child! Cost: Free - ALL WELCOME</p> <p>FOOD FOR FAMILIES MEALS TO PURCHASE Only \$13 for a ready to HEAT and EAT Family Meal! Our nutritious meals are prepared by our chef onsite. 1x \$13 meal/container will serve approx. 2 adults and 2 young children. Pre order your meal at reception or see what's available in our freezer for your family's dinner tonight!</p>	<p>Long Day Care & Preschool</p> <p>MY TIME Resumes 16th October 9.30am-11.30am For Mums, Dads and Carers of children (up to 16yrs with a chronic illness, disability or developmental delay). Morning tea provided. Free crèche for children 0-5yrs Contact Silvana 0488 151 789 Cost: Free - Bookings Essential</p> <p>PEEKABOO BABIES MUSIC AND MOVEMENT PLAY GROUP Resumes 16th October 9.30 – 10.30am A fun group aimed at non-walking babies and their parent/carer featuring an opportunity to get active with well-known nursery rhymes, finger plays, singing and stories. The session promotes language development, social interaction and learning through play. Cost: Free - ALL WELCOME</p> <p>FAMILY SERVICES COORDINATOR By appointment Our new Family Services Coordinator, Demsey, has started! Demsey will be providing confidential support and advocacy for families experiencing tough times, as well as running groups and programs for supporting child development. Contact Demsey at the centre on 8293 9000 for a confidential chat or no cost appointment</p>	<p>Long Day Care</p> <p>MUSIC FUN FOR EVERYONE Resumes 17th Oct 10am – 10.30am ½ hour of singing and dancing fun for infants & young children. Parents welcome to arrive early and play in the Parent café until singing starts in the Group Room Cost - Free - ALL WELCOME</p> <p>MULTICULTURAL WOMEN & CHILDREN GROUP Resumes 17th Oct 10.45 – 11.45am For mums, grandmothers and their young children from diverse cultures to meet, chat, cook, play and have fun! Cost: Free - ALL WELCOME</p> <p>CaFHs CLINIC at FORBES By appointment 9am – 12.30pm Free Child and Family Health service for infants and children 0 to 5 years, with a 0-3yrs focus Please call 1300 733 606 to make an appointment (Enter your postcode then ask to be booked in at Forbes)</p> <p>EARLY PARENTING GROUP Starts 14th Nov 1.30pm -3.30pm Free 6 week CaFHs course for new parents & their bubs! Bookings Essential 1300 733 606 (Ask to attend the Forbes group - New group each term)</p> <p>THE DAD FACTOR Starts 24th October 6 - 8pm 6 week course for Dads exploring the important role of Dads Cost: Free - Bookings Essential: Call George on 8392 3100</p> <p>END OF YEAR CELEBRATION Wednesday 12th Dec 5pm -7pm For all our centre families! At the Jervois St Park to celebrate the end of the year! Bring a plate of food to share!</p>	<p>Long Day Care & Preschool</p> <p>TOILET TRAINING WORKSHOP 25th October 10 am – 12midday Ideas for Toilet Training your child. Suitable for all children, including special needs and children with functional difficulties. Cost: Free Plus Free crèche available Register your interest today! 8293 9000 ALL WELCOME</p> <p>BRINGING UP GREAT BABIES PARENTING COURSE Starts 1st November 9.30 – 11.30am Explore Learn about children's brain development and how to survive the terrible two's, while supporting your child's emotional growth. Babies Welcome in the group Plus Free crèche for toddlers (limited spaces - please register early) Bookings Essential - Call Demsey on 82939000 Cost: Free</p> <p>HEALTHY COOKING CLASSES Date and Times to be advised Look for Filers soon! Practical ideas and yummy cooking demonstration of healthy meals for your family. Presented by Forbes Foodie Volunteers Enquiries and registrations of interest welcome - 8293 9000 ALL WELCOME</p>	<p>Long Day Care & Preschool</p> <p>DEVELOP OCCUPATIONAL THERAPY GROUPS Focusing on being in and part of a group, experiencing new activities and developing skills Sibling crèche available Enquiries Welcome Call Sonya 0418 857 137 or Alison 0403 307 071</p> <p>BABY & MUM CHAT GROUP 9am – 12 Tentative Come and join this group of mums and their young children for a chat. Please check with the centre for times as they may change. Cost: Free - ALL WELCOME</p> <p>OCCUPATIONAL THERAPIST AND SPEECH PATHOLOGIST Based at Forbes Groups, opportunities for a chat about queries or concerns about your child & provide professional referral where needed. Please call Helen or Maria at the centre on 8293 9000 for a confidential chat or more information</p> <p>WE'RE ON FACEBOOK & ONLINE!  www.facebook.com/ForbesChildrensCentre or www.forbescc.sa.edu.au Find this program, any last minute program changes and more! FORBES IS A LET'S READ & LITTLE BIG BOOK CLUB CENTRE! Speak to staff about how you can receive a free "Let's Read" and "Little Big Book Club Book" pack for you & your child to enjoy reading together</p>	<p>Long Day Care & Preschool</p> <p>INFANT MASSAGE COURSE Saturday 20th October 10am – 11am The First Touch Infant Massage Program for parent and infant up to 1yr 5 weekly sessions of 1 hr. Learn various strokes in baby massage, aiding your baby's muscular development and wellbeing using cue based engagement, while promoting conversation with your child. Cost: Free - Bookings Essential</p> <p>FIRST AID WORKSHOP FOR PARENTS AND CARERS Saturday 17th November 10am – 1pm 3 Hours of practical "what do I do when 'This! happens'" Cost: \$30 per person Bookings Essential: 8293 9000 ALL WELCOME</p> <p>SCHOOL AGE SOCIAL PLAY GROUPS Develop Occupational Therapy groups Focusing on being in & part of a group, experiencing new activities & developing skills Enquiries Welcome Alison: 0403307019</p>

For more information about any program or event listed, or for copies of individual fliers please contact: Merridee Dangerfield, Community Development Coordinator. Phone: 8293 9000 or Mobile: 0400 263 567 Email: merridee.dangerfield@sa.gov.au