

Forbes Children's Centre Newsletter

Term 2 2018

A brand new term is here! Read on to see what exciting things we have planned for Term 2!

Important Dates

Ramadan: Tues 15th May – Thurs 14th June

River Parent-Educator Interviews: Wed 16th May

Simultaneous Story Time: Wed 23rd May, 11:00am

Reconciliation Week: Sat 26th May (Sorry Day) - Sun 3rd June

Preschool Closure Day: Thurs 31st May

4 Year Old Health Checks: Fri 1st June

Governing Council Meeting: Wed 6th June, 6:30pm.

Queen's Birthday Public Holiday: Mon 11th June

Reeds Parent-Educator Interviews: Tues 12th and Wed 13th June

International Mud Day: Fri 29th June

Child Care Subsidy Change Over: Mon 2nd July

End of Term: Fri 6th July

School Holidays: Mon 9th – Fri 20th July

Reminders

The wet weather has officially arrived! Even during winter, we are required to offer outdoor play under the National Quality Standards. Outdoor play is an important part of our curriculum and allows exploration of nature, science concepts and development of gross motor skills. We ask you pack extra layers and spare clothes for your child so they can be warm and dry during and after outdoor play.

We do have an inclement weather policy where children are kept inside when there are severe weather warnings.

CCS

From July 2nd, Child Care Benefit and Child Care Rebate will change over to the Child Care Subsidy. To continue receiving assistance from Centrelink, you will need a myGov account and to pass on some details about your income. For more information, you can look at our display in the Parent Hub or contact your Centrelink office.

We have vacancies for families seeking to increase their sessions in the Reeds and River room. The external waiting lists are also open in all rooms - if you know anyone looking for childcare, we would love to speak with them!

Governing Council Fee Changes

After discussion with the Governing Council in relation to this year's budget, the following changes will take place:

- A \$5 childcare fee increase from Mon 4th June. A further increase of \$5 will happen in Term 3. Preschool fees will be increased by \$2.00 out of pocket per day.
- The amount of notice given when leaving the Centre or reducing sessions is now 4 weeks as it takes longer than 2 weeks to fill a place. This will be in effect from Mon 28th June.
- There will be a charge for hats with the bond when enrolling. Families will also be charged \$10 for a new hat when their child transitions into the next room.
- After Preschool care is \$30 from Mon 4th June
- Waiting list fee is now \$30 and non-refundable
- Late collection is now \$15.00 for the first ten minutes or part thereof and \$30.00 for every following ten minutes or part thereof.
- Failure to start after a CC position is offered and held means the bond will be forfeited.

If you have any questions about these changes, you can speak with the front desk or a member of Leadership.

Holiday Bookings

After discussion with the Governing Council, we have decided to end our holiday booking system. If your family is planning to go away for an extended period of time, you will no longer be able to on-sell your bookings. Since beginning the policy 2 ½ years ago, the council has decided the policy is no longer viable and will be discontinued immediately.

If you have any questions about bookings, please come and speak to Nat.

Quality Improvement Plan

On Saturday 14th April, our educators attended professional development at the site around Playspaces – a program developed by Dr. Robyn Dolby which ties into our site focus on attachment. Playspaces focuses on creating safe places for children as they transition between spaces and carers which we hope will help create calmer drop off and collection routines.

Facebook

Find us on Facebook! We often post flyers for community groups, site updates and other information. We can be found at [facebook.com/ForbesChildrensCentre](https://www.facebook.com/ForbesChildrensCentre)

Here are some fun things to do in Term 2:

Baby Bounce, Free, 9:30 – 10:00am, Thursdays during the school term, Park Holme Library, Phone 8375 6745

Young Explorers: Across the Sea, Free (Booking Required), 10:15am and 11:15am, Monday 21st May to Friday 25th May, **South Australian Museum**, <http://www.samuseum.sa.gov.au/learn/children/young-explorers>

South Australia's History Festival, Saturday 28th April to Thursday 31st May, **Various Locations**, historyfestival.sa.gov.au/

We wish you all the best during the term!

Kind regards

Ros, Kim and Nat

Forbes Children's Centre Term 2 (April to July) 2018 Program at a glance

Forbes Children's Centre for Early Childhood Development and Parenting. 80 Thomas Street, South Plympton. SA 5038 Ph 8293 9000

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Long Day Care & Preschool	Long Day Care & Preschool	Long Day Care	Long Day Care & Preschool	Long Day Care & Preschool	
"THE GARDEN" PARENTING PROGRAM 21 st May – 2 nd July 1.30 – 3pm A group for parents/carers and their children aged 0-4yrs. This group provides a wonderful opportunity for shared positive experiences and sensory exploration activities through play, music and movement to support the relationship between you and your child. Please call Helen or Maria at the centre on 8293 9000 for more information Cost: Free Bookings Essential	MY TIME Resumes 8 th May 9.30am-11.30am For Mums, Dads and Carers of children (up to 16yrs with a chronic illness, disability or developmental delay). Morning tea provided. Free crèche for children 0-5yrs Contact Silvana 0488 151 789 Cost: Free Bookings Essential	MUSIC FUN FOR EVERYONE Resumes 2 nd May 10am sharp – 11am ½ hour of singing and dancing fun for infants and young children then ½ hour of free play Cost – Free ALL WELCOME	TOILET TRAINING WORKSHOP Expression of interest taken PLEASE CALL THE CENTRE TO REGISTER Ideas for Toilet Training your child. Suitable for all children, including special needs and children with functional difficulties. Cost: Free Plus Free crèche available Register your interest today! 8293 9000 ALL WELCOME	DEVELOP OCCUPATIONAL THERAPY GROUPS Chaos and Calm! Focussing on being in and part of a group, experiencing new activities and developing skills Sibling crèches available Enquiries Welcome Call Sonya 0418 857 137 or Alison 0403 307 091	SATURDAY PLAYGROUP Every Saturday during the school term 9.30 – 11.30am Can't get to a usual weekday Playgroup? Looking for somewhere for your toddler or preschooler to have fun on a Saturday morning? Come to Playgroup to meet others & let your child explore painting, play dough, puzzles, singing & stories in the lovely Reeds (Toddler) room at the centre Cost \$2.50 per family Fruit snack provided ALL WELCOME
FUSSY EATERS = FUN WITH FOOD 7 th and 14 th May 9.45am - 12pm For frustrated parents of children who are "fussy eaters" aged 8 months to 4 years. Cost: Free Plus Free crèche Bookings Essential: 8293 9000 ALL WELCOME	PEEKABOO BABIES MUSIC AND MOVEMENT PLAYGROUP Resumes 30 th April 9.30 – 10.30am A fun group aimed at non-walking babies and their parent/carer featuring an opportunity to get active with well-known nursery rhymes, finger plays, singing and stories. The session promotes language development, social interaction and learning through play. Cost: Free ALL WELCOME	MULTICULTURAL WOMEN & CHILDREN GROUP Resumes 2 nd May 10.45 – 12pm For mums, grandmothers and their young children from diverse cultures to meet, chat, cook, play and have fun! Cost: Free ALL WELCOME	HEALTHY COOKING CLASSES 7, 14, 21, 28 JUNE 9.30am-11.30am Practical ideas and yummy cooking demonstration of healthy meals for your family. Presented by Community Foodies Cost: Gold coin donation Please note crèche is NOT available for these sessions Bookings Essential 8293 9000 ALL WELCOME	FAMILY SERVICES COORDINATOR By appointment For free and confidential assistance in dealing with challenges affecting your family. Watch this space for news of new Family Services Coordinator starting soon! Contact the centre on 8293 9000 for confidential chat or no cost appointment	FIRST AID WORKSHOP FOR PARENTS AND CARERS Saturday 16 th June 10am – 1pm 3 Hours of practical "What do I do when [This!] happens" Cost: \$30 per person Bookings Essential: 8293 9000 ALL WELCOME
FOOD FOR FAMILIES MEALS TO PURCHASE Only \$13 for a ready to HEAT and EAT Meal! Our nutritious meals are prepared by our chef onsite. They will serve approx. 2 adults and 2 young children. Pre order your meal at reception or see what's available in our freezer for your family's dinner tonight!	DEVELOP OCCUPATIONAL THERAPY by appointment Assessment & Intervention for children who show functional difficulties Bookings Essential Sonya 0418857137 Or Alison 0403307019	CaFHS CLINIC at FORBES By appointment 9am – 12.30pm Free Child and Family Health service for infants and children 0 to 5 years, with a 0-3yrs focus Please call 1300 733 606 to make an appointment (Enter your postcode then ask to be booked in at Forbes)	BABY & MUM CHAT GROUP 9am – 12 Tentative Come and join this group of mums and their young children for a chat. Please check with the centre for times as they may change. Cost: Free ALL WELCOME	OCCUPATIONAL THERAPIST AND SPEECH PATHOLOGIST Based at Forbes Groups, opportunities for a chat about queries or concerns about your child & provide professional referral where needed. Please call Helen or Maria at the centre on 8293 9000 for a confidential chat or more information	SCHOOL AGE SOCIAL PLAY GROUPS Develop Occupational Therapy groups Focussing on being in & part of a group, experiencing new activities & developing skills Enquiries Welcome Alison: 0403307019
		EARLY PARENTING GROUP Starts 9 th May 1.30pm - 3.30pm Free 5 week CaFHS course for new parents & their bubs! Bookings Essential 1300 733 606 (Ask to attend the Forbes group - New group each term)	CHILDREN'S ART CLUB Starts 3 rd May 4- 5pm For children 4-7yrs to learn basic art skills Must be accompanied by a parent. Bookings Essential. for cost and further info please SMS Chloe on 0434 955 444	FORBES IS A LET'S READ & LITTLE BIG BOOK CLUB CENTRE! Speak to staff about how you can receive a free Let's Read and Little Big Book Club Book pack for you & your child to enjoy reading together	
		THE DAD FACTOR Starts 9 th May 6 - 8pm 7 week course exploring the important role of Dads Cost: Free Bookings Essential: Call George on 8392 3100 ALL WELCOME	WE'RE ON FACEBOOK & ONLINE! "www.facebook.com/ForbesChildrensCentre" or www.forbescc.sa.edu.au Find this program, any last minute program changes and more!		

For more information about any program or event listed, or for copies of individual fliers please contact: Merridee Dangerfield, Community Development Coordinator. Phone: 8293 9000 or Mobile: 0400 263 567 Email: merridee.dangerfield@sa.gov.au